

Foundation Mediation Training

4 - 9 May 2026
Berlin, Germany

Organised by

Christian von Baumbach
Mediation | Supervision | Training

in collaboration with



PRACTICEFORTE
Bringing Peace Through Expertise



simi Qualifying
QAP Assessment
Program

ABOUT THIS PROGRAMME



"MEDIATION IS CONFLICT'S WAY OF LOOKING AT ITSELF."

Jeffrey M. Cohen

Conflicts are inevitable in life, but how we approach and resolve them defines relationships, communities, and businesses. The **PracticeForte Foundation Mediation Training** programme is designed to equip you with the mindset, skills, and structured processes to turn conflict into opportunity. Accredited as a **Qualifying Assessment Programme by the Singapore International Mediation Institute (SIMI)**, this six-day immersive workshop led by Christian von Baumbach and Susan Tay brings together a multidisciplinary team of trainers with decades of expertise in law, cross-cultural negotiation, and professional mediation.

Participants will learn both the theory and practice of mediation, including interest-based negotiation, mediation ethics, process management, and relationship building. Through lectures, discussions, roleplays, and case studies, you will acquire practical tools for facilitating dialogue, managing emotions, and helping parties reach mutually acceptable solutions.

Whether you are a legal professional, HR leader, business executive, educator, community leader, or someone looking to expand your conflict resolution skillset, this training will empower you to contribute meaningfully in mediating disputes in any context.

Graduates are eligible for SIMI Level 1 Accreditation and may be invited to join PracticeForte's growing professional network of mediators.



WHAT YOU WILL LEARN

- Understand principles and models of mediation
- Acquire conflict analysis and resolution techniques
- Learn to manage parties' emotions and cultural differences
- Build effective communication and negotiation skills
- Apply ethical standards and professional conduct
- Conduct structured mediation sessions from preparation to closure
- Share on the business of mediation, cross discipline, cross borders

WHO SHOULD ATTEND?

Legal professionals, human resource practitioners, corporate leaders, educators, counsellors, social workers, community leaders, and anyone seeking to develop professional skills in dispute resolution.



The SIMI Credentialing Scheme is a professional standards scheme developed by SIMI to recognise the experience of professional mediators. It has been tailored and developed with the intention of gradually building up a cohesive and robust pool of professional mediators in Singapore and the region. To learn more about the Scheme, visit simi.org.sg

Note: This programme does not meet the minimum requirements for certification as a mediator in Germany. Participants seeking mediator certification within Germany should refer to local regulatory standards and additional training pathways applicable in their jurisdiction.

PROGRAMME OUTLINE

This six-day programme blends theory, experiential learning, and professional assessment to develop competent, confident mediators. You will engage in lectures, practical exercises, and roleplays under the supervision of experienced trainers. By the end of the course, you will have the skills and confidence to mediate effectively and ethically.

DAY ONE

4 MAY



1. Programme Introduction
2. Conflict Resolution Theory
3. Understanding Mediation

Introduction to conflict resolution theory, negotiation principles, and mediation fundamentals. Explore interest-based negotiation and the Harvard 7 Elements framework through discussion and initial roleplay sessions.

DAY TWO

5 MAY



4. Social Science of Conflict
5. The Mediation Process

Learn the mediation process, mediator roles, and psychological aspects of conflict. Hands-on training in pre-mediation preparation, joint sessions, and caucuses.

DAY THREE

6 MAY



6. Mediation Law Overview
7. Mediating Family Businesses
8. Mediation Ethics

Legal landscape of mediation and crossover conflicts in families and business. Learn various ethical considerations in mediation, including commitments to fairness, impartiality and navigating conflicts of interest.

You will experience mediation across diverse contexts, from workplace and commercial disputes to family and cross-border issues. Tools like active listening, reframing, intercultural awareness, and decision-making will be introduced and practised. Participants also explore their own conflict styles, enhancing self-awareness as a mediator.

The workshop concludes with assessments required for SIMI Level 1 accreditation, including supervised roleplays, written reflections, and knowledge tests. This rigorous yet supportive process ensures you leave with more than skills—you'll gain professional credentials and a network of fellow peacebuilders.

DAY FOUR 7 MAY



8. Mediation Tools 9. Types of Mediation

Learn communication and problem-solving skills, and apply advanced tools like reframing and reflective questioning. Gain exposure to evaluative, facilitative, transformative, and narrative mediation models through interactive exercises.

DAY FIVE 8 MAY



10. Relationship Management 11. Intercultural Competence

Explore power imbalances, and intercultural mediation practices. Includes country sharing sessions and relationship management strategies.

DAY SIX 9 MAY



12. The Business of Mediation 13. Roleplays & Assessments

The business of mediation and final roleplay assessments, with closing reflections and feedback.

ABOUT PRACTICEFORTE

PracticeForte Advisory is a multidisciplinary network of professionals united by the vision of “Bringing Peace Through Expertise.” Founded by experienced legal and mediation practitioners, PracticeForte offers conflict resolution services and internationally recognised training programmes, including the Foundation Mediation Training, a SIMI-accredited Qualifying Assessment Programme. Over the years, it has cultivated a growing community of mediation professionals, advancing mediation practice across Asia and beyond. In turn, our top trainees mediate with us and become the country-connect for PracticeForte’s worldwide network of mediators and mediation advocates.

PRACTICEFORTE GERMANY DESK

Our Germany Desk is established in collaboration with international mediator Christian von Baumbach. Its aim is to promote and support mediation not just in Germany but across the European Union, where the development of mediation frameworks and adoption levels vary widely between member states. By combining PracticeForte’s structured training expertise with Christian’s experience in cross-border and intercultural mediation, the Germany Desk seeks to strengthen mediation culture in Europe, foster professional exchanges, and create opportunities for mediators to collaborate across borders.

Christian von Baumbach
Mediation | Supervision | Training



PRACTICEFORTE
Bringing Peace Through Expertise



BUILDING EXPERTISE



We champion deep knowledge, cross-disciplinary learning, and high professional standards. Whether it's law, accounting, mediation, therapy, or business strategy—our affiliate network is united by one goal: to be the best at what we do, and better together.

BRINGING PEACE

We're not just solving problems—we're restoring lives. From conflict resolution to family restructuring, we aim for outcomes that bring healing, dignity, and peace of mind. It's not just about winning. It's about moving forward well.

OUR TRAINERS

EXPERT MEDIATORS, GLOBAL EXPERIENCE

Our trainers are seasoned mediators and educators who bring unique perspectives shaped by years of experience in cross-border mediation, law, negotiation, and conflict resolution education. They are united by a passion for building peace through expertise.



CHRISTIAN VON BAUMBACH

Lead Trainer & PracticeForte affiliate

Christian is an international mediator and communication consultant specialising in cross-border and intercultural mediation. Having trained and lectured across Germany, Japan, Singapore and beyond, he brings deep insights into managing cultural differences and fostering understanding between diverse parties. His expertise includes online mediation and training future mediators in universities and professional settings. A certified member of MiKK e.V. and the German Federal Mediation Association, Christian believes mediation is essential for resolving international disputes and building bridges across cultures.



SUSAN TAY

Lead Trainer & PracticeForte Co-Founder

Susan is a veteran family lawyer, mediator, and mediation advocate with over three decades of legal experience. She is a co-founder of PracticeForte and the founder of OTP Law Corporation. Certified by the Singapore International Mediation Institute, Susan has mediated and advocated in highly complex cross-border disputes. Susan's mediation experience has kept focused in the areas of family and shareholders' disputes, matrimonial assets and family estates, real property including trust law. As a trainer, she combines practical case experience with compassionate teaching, guiding participants to understand mediation both as a professional practice and a mindset for peacebuilding.



CHRISTOPH C. PAUL

Trainer & PracticeForte Board Advisor

Christoph is a lawyer and pioneer in cross-border family mediation, co-author of the authoritative text *Cross-border Family Mediation – International Parental Child Abduction, Custody and Access Cases*, and founder & patron of MiKK E.V. International Mediation Centre for Family Conflict and Child Abduction. A mediator and trainer with extensive experience across Europe and Asia, he has helped develop international frameworks for child-focused mediation. Christoph's teaching draws from years of professional practice, shaping mediators to handle complex, emotionally charged disputes with professionalism and sensitivity.



MYLENE CHUA

Trainer & PracticeForte Co-Founder

Mylene is a co-founder of PracticeForte, focusing on multidisciplinary dispute resolution and organisational development. Her expertise spans law, mediation, and training programmes designed for both private and public sectors. She brings strategic insight into the "business of mediation", equipping participants with knowledge to profile themselves and expand their professional mediation practice.



ABOUT BERLIN

WHERE HISTORY MEETS MODERNITY

Berlin is a city like no other—where centuries of history meet the energy of a modern, creative metropolis. From its Prussian roots to its role as the heart of a divided Cold War world, Berlin has transformed into a thriving capital of culture, innovation, and diplomacy. Today, it stands as a global symbol of openness and reinvention, attracting professionals, artists, and thinkers from all corners of the globe.

The city's unique character comes from its contrasts: iconic landmarks like the Brandenburg Gate and Reichstag stand alongside modern architecture and street art-lined boulevards. Its neighbourhoods each have their own personality—Mitte's historic grandeur, Kreuzberg's bohemian vibe, Charlottenburg's elegant sophistication, and Prenzlauer Berg's relaxed charm. Berlin also thrives as an international hub of education and policy, making it a fitting venue for a professional mediation training programme that values diversity, dialogue, and cross-border collaboration.

Cultural experiences abound at every turn. Museumsinsel (Museum Island), a UNESCO World Heritage Site, is home to world-class museums featuring ancient artefacts and classical art, while the East Side Gallery preserves one of the last stretches of the Berlin Wall, adorned with thought-provoking murals. For music lovers, Berlin's electronic music scene is legendary, and for foodies, its culinary landscape offers everything from traditional currywurst to Michelin-starred dining.

WEBSITES ABOUT BERLIN

berlin.de

visitberlin.de

allaboutberlin.de

introducingberlin.com

5 REASONS TO VISIT

For professionals attending PracticeForte's Foundation Mediation Training, Berlin offers more than just a beautiful location—it's a city that embodies the principles of connection and transformation. Here, in a place where historic divides were bridged, participants can immerse themselves in both learning and the rich context of a city that has embraced dialogue and change.



RICH HISTORICAL LANDMARKS

Explore iconic sites like Brandenburg Gate, the Berlin Wall Memorial, and Checkpoint Charlie.

THRIVING CULTURAL SCENE

Discover world-class museums, contemporary art galleries, and theatre performances in one of Europe's creative capitals.



GLOBAL CULINARY DELIGHTS

Sample everything from Michelin-starred restaurants to the famous Berlin currywurst and international street food markets.

GREEN SPACES & OUTDOOR LIVING

Enjoy beautiful parks, lakes, and cycling paths offering moments of relaxation after training.

VIBRANT MULTICULTURAL SPIRIT

Experience Berlin's diversity and energy, perfect for networking and cross-cultural learning.

YOUR PRACTICEFORTE TRAINING EXPERIENCE

TRAINING LOCATION

innenmehr
Am Tempelhofer Berg 7d
10965 Berlin

PRE-PROGRAMME NETWORKING

Let us know if you'll be joining us earlier, and we'll arrange a pre-programme meetup to introduce ourselves and get to know each other better before kicking off on 4 May.

POST-PROGRAMME DINNER

Celebrate the conclusion of your programme with us in a special dinner, with certificate presentations, great company, and merry-making all around!

PLANNING YOUR TRIP

Attending the PracticeForte Foundation Mediation Training in Berlin offers an excellent opportunity to immerse yourself not only in professional development but also in one of Europe's most dynamic cities. Here's what you need to know when planning your trip:



AIRFARE

Berlin Brandenburg Airport (BER) is well-connected to major international hubs across Europe, Asia, and beyond. For best fares, book flights at least 8-12 weeks in advance and consider flexible mid-week travel dates. Low-cost carriers and major airlines both operate routes to Berlin, providing options for different budgets.



TRANSPORT

Berlin's public transportation network (U-Bahn, S-Bahn, buses, and trams) is efficient, safe, and affordable. A WelcomeCard or weekly travel pass provides unlimited travel and discounts on attractions. Taxis and rideshare apps like FreeNow and Uber are readily available, while cycling is a popular alternative for shorter journeys.



ACCOMMODATION

Berlin offers a wide range of accommodation options:

- **Hotels:** International chains and boutique hotels near the training venue for convenience.
- **Serviced Apartments:** Ideal for longer stays or participants preferring kitchen facilities.
- **Budget Options:** Hostels and guesthouses available for cost-conscious travellers.

We recommend booking early, especially in spring and summer, when Berlin is a popular tourist destination.



FOOD

Berlin's culinary scene is diverse and inclusive of all dietary needs. Options range from traditional German fare (think schnitzel and currywurst) to vibrant international cuisines, including vegetarian and vegan choices. Street food markets, food halls, and casual cafés offer affordable meals, while Michelin-starred restaurants cater to fine-dining enthusiasts.

PROGRAMME FEES

Standard:
€2,000

(For general participants)

Early Bird:
€1,700

(Register before 1 March 2026)

PF Affiliate:
€1,600

PracticeForte Affiliate Rate

Additional fee of €500 applies for participants opting to take the assessment towards SIMI accreditation. Airfare, transport, accommodation and meals are not included in programme fees.

ESTIMATED TRAVEL EXPENSES



AIRFARE (ECONOMY RETURN)
€800-1,100
 from Asia
€100-250
 within Europe



TRANSPORT
€43
 Weekly transport pass
€4 base + €2/km
 Taxi
€10-15/day
 Bike rentals



ACCOMMODATION
€80-100/night
 Mid-range hotel
€100-150/night
 Serviced apartment
€30-60/night
 Budget hostel



FOOD
€8-15/pax
 Casual street food/café
€25-40/pax
 Mid-range restaurant
€3-6/pax
 Coffee & pastries

HOW TO APPLY

Registration and payment for the **Foundation Mediation Training - Berlin** programme will be fully administered by Christian von Baumbach.

To proceed, please follow these steps:

1. COMPLETE THE ONLINE REGISTRATION FORM

Visit our programme landing page at practiceforte.sg/go/fmt-berlin and complete the registration form with your personal details and professional background.

2. SUBMIT SUPPORTING INFORMATION

For affiliate rate eligibility, please provide confirmation of your PracticeForte affiliation when prompted.

3. RECEIVE CONFIRMATION & INVOICE

Upon submission, you will receive an acknowledgement email and invoice for programme fees. Payment is required to secure your slot.

4. PAYMENT OPTIONS

We accept payment via bank transfer. Full payment must be made by **1 March 2026** to enjoy early bird pricing.

5. FINAL CONFIRMATION & PRE-PROGRAMME MATERIALS

Once payment is received, a confirmation email will be sent with your seat allocation, pre-programme materials, and travel information for participants joining us in Berlin.

**READY TO
REGISTER?
SCAN HERE**



or visit: practiceforte.sg/go/fmt-berlin

CONTACT

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The Foundation Mediation Training (Berlin) programme is organised by Christian von Baumbach in collaboration with PracticeForte Pte Ltd. All content and materials in this programme is developed and owned by PracticeForte Pte Ltd, and accredited as a Qualifying Assessment Programme by the Singapore International Mediation Institute.

PracticeForte Pte Ltd is an International Mediation Institute (IMI) and Singapore International Mediation Institute (SIMI) certified training provider.
